

**Ruby Douglas, MsEd, CPS**  
Project Director  
Parents Matter Coalition  
c/o Growing Up Together  
800 E. Dakota Avenue  
Pierre, SD 57501  
Parentsmatter@pie.midco.net  
[www.parentsmattercsd.com](http://www.parentsmattercsd.com)  
[www.facebook.com/parents\\_mattercoalition](http://www.facebook.com/parents_mattercoalition)  
605-224-3189 or  
605-222-0638

**Larry Weiss, Chairman**  
Parents Matter Coalition  
weisscl@aol.com  
605-222-4339

### Parents Matter Coalition Meeting

Wednesday, November 13, 2013

5th Floor Conference Room

Avera /St. Mary's Hospital

Noon -Business Meeting

RSVP: 224-3189

### "1000 Cups of Coffee"

Share the Good News of Parents Matter Coalition's work ( Pierre and with your neighbors, co-workers, family, friends and acquaintances through the "1000 Cups of Coffee" initiative.

Tips and conversation starters to get the coffee discussions perking are located on our website: [www.parentsmattercsd.com](http://www.parentsmattercsd.com) Please feel free to download the toolkit materials and share it with others.

Coffee Cup Sleeves and the " Parents Guide To Local Laws Associated With Alcohol Use" are available by calling: 224-3189 or 222-0638 or e-mailing us at:

[parentsmatter@pie.midco.net](mailto:parentsmatter@pie.midco.net)

Thank you for your participation!



Parents Matter News Letter XXXIV

November, 2013

## Parent Alert: What Are Shatter, Dabs, and BHO?

What is "dabs?"

Dabs, otherwise known as butane hash oil (BHO), is an extremely potent extract created by passing butane through high-grade marijuana. Following the evaporation of the butane, a thick oil or resin remains. The oil is most commonly vaporized using a special water pipe known as a rig, although it can be consumed orally as well. Hash oil use has recently increased and is quickly becoming a more popular method of use among adolescents.

The resulting high is far stronger than that from marijuana, due to hash oil's very high levels of THC (tetrahydrocannabinol). While very strong strains of marijuana are around 25% THC, [the 2009 United Nations "World Drug Report" states that hash oil can contain upwards of 60% THC.](#) Additional reports suggest that the THC content of hash oil can reach as high as 90%.

Even more concerning is the fact that butane, an extremely flammable and dangerous solvent, is used in the creation of butane hash oil. A number of people have been injured in fires and explosions resulting from attempts to manufacture butane hash oil. Additionally, there is risk of the final product having dangerous impurities due to the extraction methods and ingredients used. Exposure to butane can cause numerous health problems, including neurotoxic effects.

It is crucial for parents to be aware of the increase in popularity of hash oil, and know what to look for. Due to its concentrated form, hash oil is used in smaller amounts than marijuana and is much easier to conceal. Hash oil can appear in various forms, be referred to by a number of different slang terms, and be manufactured using a variety of items.

**Names:** Hash oil, hashish oil, butane hash oil (BHO), honey oil, honey, honeycomb, dabs, earwax, wax, shatter, budder, concentrate, whip  
**Looks Like:** Dark brown, amber, or golden oil or resin, pale or yellowish wax, tar, honey or honeycomb.

**Related Items to Look For:** Butane containers, glass or metal tubes, glass baking dishes, isopropyl alcohol, coffee filters

*"Among incidents related to its production and use were untrained cooks 'blowing themselves up' blasting butane in jury-rigged home labs, and 'overdoses,' which as with strong marijuana are not fatal but involve extreme discomfort to the point of freaking out for long periods of time."*

Forwarded from Lt.(Ret) Ed Moses from: Monte Stiles:

[communications@notmykid.org](mailto:communications@notmykid.org) 10/2013



**Free-Electronic Check-up**

Takes 10 minutes    Anonymous    Confidential

Instant Feedback            Educational Tool

Complete the Self-Inventory Check List and Earn \$1.00 (up to \$500 ) for the Pierre/Fort Pierre Food Pantry during the month of October

Go to Parents Matter Website to access the e-CHECKUP TO GO:

[www.parentsmattercsd.com](http://www.parentsmattercsd.com)

# HELP WANTED

The Pride Survey's for the Pierre and Fort Pierre Schools will be completed on November 6, 2013. The tabulated and analytical reports are expected to be available mid-November or early December. The Pride Survey Reports include: the student data, grades 6 through 12, Parent Surveys , Teacher Surveys, (TES) and Faculty Surveys. A combined report for both districts data will also be compiled.

Once the reports are received; Ready Talk conference calls will be scheduled with Wendy McGrath, Director of Finance and Customer Relations, Pride Survey Company. Registered participants will be provided a link to the Ready Talk at each district to discuss individual school reports, as well as, the combined report data. The Ready Talk sessions will require access to a computer and a phone. A recorded version of the Ready Talk will also be provided.

Wendy will be guiding the school data mining discussions. Community data collection information will be used as well in our decision making process. This is very important process in that it will serve as a "map" in helping us to decide issues that are of greatest concern in our communities and which evidence based programs/strategies will best meet those needs.

School and community members are being encouraged to help with this process by registering for the Ready Talk Session. You do not need to be an experienced "evaluator" to participate. To register for the Ready Talk; please contact: Larry at 222-4339 or Ruby at: 224-3189 or send an e-mail:

[parentsmatter@pie.midco.net](mailto:parentsmatter@pie.midco.net)

## UNDERAGE DRINKING FACTS:



The Substance Abuse and Mental Health Services Administration (SAMHSA) Underage Drinking Prevention National Media Campaign's (the Campaign's) goal is to reduce underage drinking among youth ages 9 to 15 by providing their parents and caregivers with the resources they need to properly address this issue with their children early. The Campaign seeks to:

- Increase parents' awareness of the prevalence and risks of underage drinking;
- Equip parents with the knowledge, skills, and confidence to prevent underage drinking; and
- Increase actions by parents to prevent underage drinking.

### Underage Drinking Is a Serious Problem

According to SAMHSA's National Survey on Drug Use and Health, in the United States, an estimated 10 million people younger than the age of 21 drank alcohol in the past month.<sup>1</sup>

Many young people start drinking before the age of 15.<sup>2</sup>

The Monitoring the Future survey<sup>3</sup> found that:

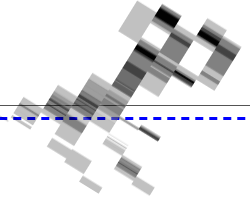
- 33 percent of 8th graders and 70 percent of 12th graders in the United States said they tried alcohol at some time in their lives;
- 13 percent of 8th graders and 27 percent of 10th graders said that they had consumed alcohol in the month before the survey; and
- 65 percent of teens who do drink reported that they get drunk in a typical month.<sup>4</sup>

### The Consequences of Underage Drinking Can Be Devastating:

- Injury or death from accidents;<sup>5</sup>
- Unintended, unwanted, and unprotected sexual activity;<sup>6, 7</sup>
- Health problems such as depression and anxiety disorders;<sup>8</sup>
- Academic problems;<sup>9</sup> and
- Drug use.<sup>10</sup>

Many parents with children between the ages of 9 and 15 know that peer pressure and media influences can often lead to underage drinking. However, they are not fully aware of the immediate dangers of their children's alcohol consumption. Statistics that point to the common nature of underage drinking can be shocking and unbelievable to some parents. Furthermore, parents often do not feel equipped with the information or resources they need to properly address underage drinking with their children. Visit our website: [www.parentsmattercsd.com](http://www.parentsmattercsd.com) to Learn More About the "Talk –They Hear You Campaign"

## Parents Matter is on the “Cutting Edge” in Performance



1. How do you hear most often about young people drinking in our communities?

- |                             |                             |
|-----------------------------|-----------------------------|
| A. I do not hear about this | E. Co-workers               |
| B. Arrest reports           | F. Newspaper articles       |
| C. Friends                  | G. Parents Matter Coalition |
| D. Social Media             |                             |

2. What do you think is the most common way young people are accessing alcohol in our communities?

- |                                 |  |
|---------------------------------|--|
| A. Buying it themselves         | E. Internet                                |
| B. Their own homes              | F. Older siblings or friends               |
| C. Their friends' homes         | F. Young people are not using alcohol here |
| D. Strangers buying it for them |  |

3. What do you think is the main barrier to enacting alcohol policies in our communities?

- |                                       |   |
|---------------------------------------|---|
| A. Attitudes or beliefs toward use    | D. Lack of an increase in alcohol pricing |
| B. Advertising messages promoting use | E. Emotionality and sensitivity of issue  |
| C. Lax laws and penalties             |   |

4. 83% of youth reported that they **did not** use substances in the past 30 days. What do you think was the reason cited most often for not using?

- |                                       |                                  |
|---------------------------------------|----------------------------------|
| A. Parents                            | C. Religious/spiritual teachings |
| B. Fear of Impaired Brain Development | D. Academic success affected     |

5. How did you learn of the Parents Matter Coalition of Pierre/Fort Pierre's alcohol and drug prevention efforts in our communities?

- |   |                   |
|---|-------------------|
| A. Was not aware of the Coalition's efforts | E. Oahe TV        |
| B. Monthly newsletter                       | F. Schools        |
| C. Website/Social Media                     | G. Special Events |
| D. Radio                                    |                   |

Please complete the survey and return to: **Parents Matter Coalition of Pierre/Fort Pierre:** [parentsmatter@pie.midco.net](mailto:parentsmatter@pie.midco.net) or mail,

**Avera/St. Mary's Hospital**

**800 E. Dakota**

**Pierre, SD 57501**

Your opinion is very important to us and the Parents Matter Coalition work .

*Thank You...*

Our Sponsor's Thank You!

**Curt Merriman Printing**



**Prairie Pages Bookseller LLC**



**Stanley County Booster Club**



**Lynn's DakotaMart of Pierre**



**Retired Seniors Volunteer Program**



- Pierre Police Department.**
- KGFX Dakota Radio Group**
- KCCR Radio**
- SD Dept of Education**
- Pierre School District**
- Stanley County School**
- SD Dept of Labor, Experience Works**
- Teen Court (CAC's)**
- Capital Journal**
- Hughes County Sheriff**
- Stanley County Sheriff**
- Rocky & Skyla Nicholas**
- Capital University Center**



- 4-H Youth Development
- SD Regional Cooperative
- Extension Service

