



# SEPTEMBER 10, 2014

## **PARENTS MATTER**

5<sup>th</sup> Floor Conference Room  
Avera St. Mary's Hospital  
Noon -1:00 PM

### “KnowBullying App”

Parents and caregivers who spend at least 15 minutes a day talking with their child can build the foundation for a strong relationship, and help prevent bullying. KnowBullying, a new mobile app by SAMHSA, encourages dialogue between you and your children and helps you start a conversation.

KnowBullying by SAMHSA includes: Conversation Starters: Start a meaningful discussion with your child. Tips: Learn ways to prevent bullying. Warning Signs: Know if your child is affected by bullying. Reminders: Find the right time to connect with your child. Social Media: Share tactics and useful advice.

Section for Educators: Prevent bullying in the classroom. The KnowBullying app is available for Android™ and iPhone®. It is a free resource for mobile devices provided by SAMHSA, in conjunction with the StopBullying.gov Federal partnership. Put the power to prevent bullying in your hand.

**PARENTS  
MATTER**



Coalition  
of Pierre  
Fort Pierre

Let's make a difference

Sponsors: SAMHSA, Parents Matter  
Coalition of Pierre/Fort, SD Dept. of Social  
Services, Community Behavioral Health,  
Prevention Program, Verizon of Pierre

## Parents Matter

Coalition and  
Community Members  
**PARENTS  
MATTER** requests  
**your presence** at  
our Coalition meeting  
and to please bring  
your cell phones!

Find out more  
about the  
“KnowBullying  
App”

**John Sterling, Team  
Leader of Pierre  
Verizon, will be  
present to help  
download the “app”**

**Bring a friend!**

## **PARENTS MATTER**

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